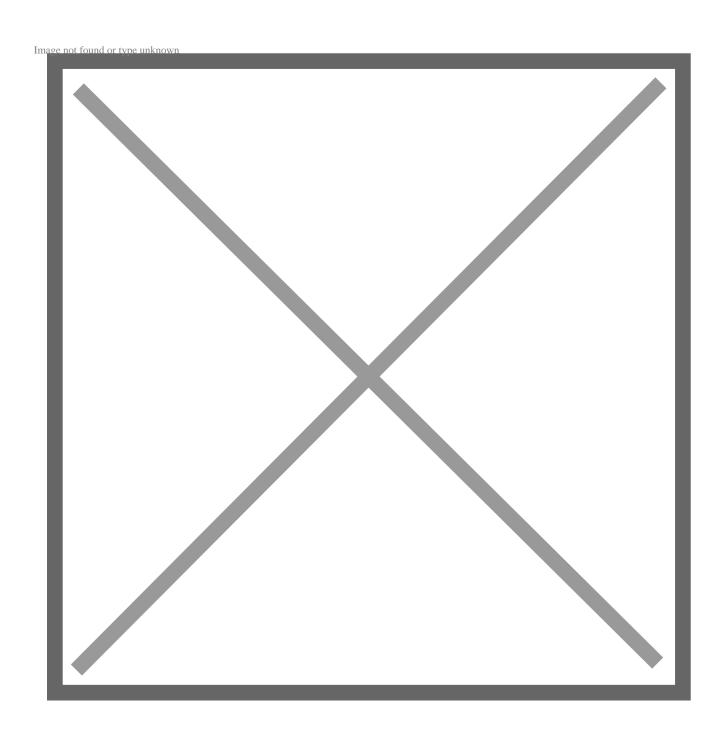


**Full Itinerary & Trip Details** 

# Daily Turkish Bath In Bolu



**TOUR ID** 

#### **ITINERARY**

#### Day 1: DAILY TURKISH BATH IN BOLU

Turkish Bath, called "hamam" in Turkish which has been present in Turkey for thousands of years. The tradition of the Turkish bath extends far back, to a time before Turks had reached Anatolia. When the Turks arrived in Anatolia, they brought with them a bathing tradition and were confronted with another, that of Romans and Byzantines, with certain local variants.

After we pick you up from your hotel, we will take you to one of the traditional Baths in Bolu, which has historical buildings. There is a few main procedures during the bath. When you arrive, the staff will provide you a cubicle in which you take off your clothes and wear the waist cloth. After changing, you will be taken to the Sicaklik (Hot Room) of the Turkish Bath that would help your muscles loosen up and you will continue to the warm room of the bath, The staff (tellak for men and natir for women) will scrub you down using Turkish soap and a special cloth that gets out all your old skin blocking your pores. Once you are finished, you will be taken to the Sogukluk (Cold Room) and given towels to wrap yourself in. Then, you can pay for having a massage or you can just relax and order some tea or other drinks as you would like. As last, after you get dressed, you will feel your skin renewed like a baby skin. That's the magic of Turkish bath. After the tour drop back to your hotel.

We hope your tour was a memorable one and we look forward to seeing you in the future on another our Turkey Tour. Have a safe trip back home and thanks for choosing us.

### **Includes**

- Professional English speaking tour guides
- All entrance fees mentioned in the itinerary
- Transportation in a fully air conditioned, non smoking coach
- Pick up from your hotel
- Drop back to your hotel
- Guided Daily Turkish Bath in Bolu

## **Excludes**

- Insurance: All types
- Tipping: Tips for guides and drivers
- Please Note: Domestic flight price for adult travelers is approximately Euros: 50,00 for one way and for under 2 years old, approximately Euros: 20,00 as an insurance policy.
- International Flights and Domestic Flights
- Personal expenses: Extras at hotel or additional meals

# **Routes**

## **Available On Dates**

18 September, 2020 - 31 March, 2022 Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday